

Medical Policy Reference Manual Medical Policy Operating Procedure

1.01.077A Automated Blood Pressure Monitoring for Home Use

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Description

An automated blood pressure monitor is a non-invasive, electronic device that displays a patient's mean, systolic and diastolic blood pressure. Various models of these devices may include features to monitor blood pressure, pulse rate, oxygen saturation and respiratory rate.

Policy

There is no medical policy for this operating procedure.

Policy Guidelines

There are no medical policy guidelines for this operating procedure.

Benefit Applications

Check the member's contract for specific benefits.

Most contracts *exclude* benefits for items considered to be for comfort or convenience, for environmental control, furniture items, exercise equipment or institutional equipment, as they are not considered to be medical and surgical supplies.

Benefits **are not provided** for over-the-counter items or supplies, as determined by CareFirst, that are available for purchase without a prescription, unless otherwise a covered service. A prescription from the provider does not guarantee coverage by CareFirst.

Benefits **are not provided** for the automated oscillometer blood pressure monitor as they may be purchased over-the-counter and therefore are not a covered benefit.

Provider Guidelines

Report an automated oscillometer blood pressure monitor.

Cross References to Related Policies and Procedures

Sphygmomanometer and Stethoscope, Operating Procedure 1.01.047A.
Automated Oscillometer Blood Pressure Monitors for Home Use, Policy 1.01.071 (archived)
Ambulatory Blood Pressure Monitoring, Policy 2.02.006.

References

The following were among the resources reviewed and considered in developing this policy. By reviewing and considering the resources, CareFirst does not in any way endorse the contents thereof nor assume any liability or responsibility in connection therewith. The opinions and conclusions of the authors of these resources are their own and may or may not be in agreement with those of CareFirst.

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Daichi Shimbo, NT, Artinian, JN, Basile, LR, Krakoff, KL, Margolis, MK, Rakotz, GW, and on behalf of the American Heart Association and the American Medical Association. (2020, June). Self-measured blood pressure monitoring at home: A joint policy statement from the American Heart Association and American Medical Association. <https://doi.org/10.1161/CIR.0000000000000803>*Circulation*. 2020;142:e42–e63

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This policy statement relates only to the services or supplies described herein. Coverage will vary from contract to contract and by line of business and should be verified before applying the terms of the policy.